

# Surgical strikes for a plastic beauty

SUSHIL KUTTY

THEY say beauty is skin deep. But for many it's several sections down, buried in the folds of fat, in the shape of the nose, the way the forehead slopes, the chin dips. Certainly, renowned aesthetic plastic surgeon Dr Ashok Gupta has proved that beyond doubt. They call him 'Bollywood Plastic Surgeon' with good

reason.

Dr Gupta, portly and genial, would not disclose the names of the 'leading actors' he has left his indelible mark on. That would be against professional ethics. But a source close to him swears that the leading actors (and that is regardless of gender) of five of the seven Hindi films released in the last two weeks have taken advantage of Dr Gupta's skills in enhancing beauty and keeping wrinkles



MASTER OF HIS CRAFT: Dr Ashok Gupta.



CHER: Look, no wrinkles.

at bay. You can guess as much as you like.

His clinic in Dubai is right next to BurJuman, part of Unicare Medical Centre. And when he is not in Dubai, shaping somebody's nose, he is either in Mumbai — doing the job on a Bollywood starlet or giving a fresh start to a shattered victim of the Gujarat earthquake — or in Bahrain. In Mumbai, he is senior consultant plastic surgeon in the Bombay Hospital, besides being honorary professor of plastic surgery in Grant Medical College.

Dr Gupta has achieved fame, gratitude and a nomination for a possible Padmabhushan award with his skills in micro-surgery, helping a road accident victim regain a certain sanity by fixing an amputated arm or giving a new meaning to the life of a poor child with congenital deformities like a cleft lip.



KARISMA KAPOOR: Now how did she get that perfect nose?

for free.

"But in this region there aren't many such cases. In Dubai I practice aesthetic plastic surgery. The demand is more for cosmetic surgery procedures like body and facial contouring, breast augmentation and rhinoplasty to enhance beauty," he told City Times.

When in Dubai, the 51-year-old plastic

surgeon has a busy schedule. Dr Gupta said that contrary to popular belief, plastic surgery was a standard acceptable procedure and nobody (except may be Bollywood starlets and stars) who took advantage of it would try to hide it. And it is not just Bollywood, even Hollywood has taken a liking for Dr Gupta's skills.

"Most film stars come for breast augmentation," Dr Gupta stated. And it doesn't take the beauties long to get back to work, cavorting before the camera in a matter of seven to 10 days, leaving may be the spot boy wondering what was different about her from last week!

Then again, not just actors and actresses, it seems everyone with money and fame in Mumbai has



SUSHMITA SEN: Beauty queen.

## Any guesses?

THESE stars have definitely had more than the odd nip, tuck or tweak. Who's done what? Or have they? Happy hunting!

- Joan Collins
- Sushmita Sen
- Cher
- Karisma Kapoor
- Pamela Anderson
- Heather Locklear
- Michael Jackson
- Sushmita Sen
- Cliff Richard
- Elizabeth Taylor
- Robert Redford
- Liza Ray



MICHAEL JACKSON: Plastic fantastic?



LIZA RAY: Chiselled look.

been knocking at Dr Gupta's door. The same source disclosed that one or the other of the plastic surgeon's clients have been appearing without fail on Page 3 of every single issue of *Bombay Times* over the last three years, even politicians! Any guesses there? Not former prime minister P.V. Narasimha Rao, definitely. One issue of *Khaleej Times* last week had a picture of him with the famous pout intact!

**DR. ASHOK GUPTA,  
SPECIALIST PLASTIC SURGEON  
PLASTIC SURGERY CENTER  
103, BIN HAM BUILDING, DUBAI UAE**



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